

Caring for a spouse. Raising children. Helping aging parents. Supporting friends. Starting a self-care journey. Caregiving takes many forms. That's why you now have access to Cariloop®, a caregiving benefit provided at no cost by Morse Operations, Inc. Access to coaches and tools is just a few steps away:

1. **Activate your account:** Go to www.cariloop.com/register and click Get Started. Sign up with your work email. (You can add a personal email or phone later.)
2. **Confirm your email:** Cariloop will send you a 6-digit code to your *work* email. Enter that code to finish activating your account.
3. **Access your benefits:** Once activated, you have access to the extensive features of the Caregiver Support Platform®, where you can:
 - a. Explore free tools and resources, including: notes, medication tracker, community channels to connect with like-minded individuals, and many more
 - b. Connect with a Cariloop Coach for hands-on guidance and support, to answer any questions you have for any adult, child, or educational care need
 - c. Browse articles and guides written by Cariloop Coaches designed to support you through every stage of your journey

Prefer to talk with someone directly? Call Cariloop at [972-232-7561](tel:972-232-7561) (English or Spanish). Need technical help? Email us at support@cariloop.com.