

Making the Most of Your Medical Benefits

Employees enrolled in the Aetna medical plan have access to the following services:

Aetna APP

Get the Aetna Health app by texting "AETNA" to 90156 to receive a download link. Message and data rates may apply. Or scan the QR code to download the Aetna Health app.



Aetna Health and Wellness:

Access health and wellness resources that can help you manage your health.

Aetna Informed Health Line:

Get health information when and where you need it. Call: 1-800-556-1555 or log on to www.aetna.com

The Health Section

Visit www.aetna.com to find articles on topics according to your health needs and interests. Just click on the News & Analysis tab to start learning!

Aetna VisionSM Discount Program

Pay less for eye exams, contact lenses, prescription and non-prescription eyeglasses. Even most designer frames!

Aetna FitnessSM Discount Program

Save on gym membership rates, home exercise products and equipment, and more.

Aetna Health Assessment

Find out what your health needs are by taking or updating our online Health Assessment through Simple Steps To A Healthier Life

Aetna Weight Management Discount Program

Save on program memberships; enjoy one-on-one help, menu and activity planning, and more.

Teladoc

24/7 access to a licensed physician by phone, video, or mobile app. Get diagnosis, treatment, and prescriptions for non-emergent medical needs.

Call 1-855-835-2362 or visit Teladoc.com/aetna

Aetna Virtual Primary Care

With Aetna Virtual Primary Care powered by Teladoc Health, you can now connect with care right where you are, when you need it. You have the convenience and flexibility of video visits with your own virtual care provider. You can access your care team by phone or through the app. It's quick and easy, with little cost or wait time.

Please visit teladochealth.com to choose your provider today.