

Over-the-Counter Health Solutions

Unlock your wellness with OTCHS

Here’s how it works:

Choose from hundreds of over-the-counter wellness products — such as ibuprofen, first aid supplies, allergy relief and more. Conveniently use the allowance in most CVS® stores(excluding Target and Schnucks locations).

Many ways to shop:

You can redeem your allowances in-store, by phone, OTC Health Solutions app and online.

Why it matters:

- Take charge of your health with a \$25 quarterly allowance
- Over 400 CVS products within the catalog to choose from
- Encourages and provides access to timely treatment of minor health issues

The value of using the OTC benefits

\$25

per quarter* per plan member allowance. This includes eligible dependents



\$442

Average US family spends on OTC items



\$7.33

Health care savings for every \$1 spent on OTC items

¹The Power of OTCs to Provide Consumer Value:<https://www.chpa.org/sites/default/files/media/docs/2022-11/The-Power-of-OTCs-to-Provide-Consumer-Value.pdf>

*\$25 allowance each quarter to use on select CVS Health® brand products. Unused allowance does not carry over to the next quarter

¹ Aetna is the brand name used for products and services provided by one or more of the Aetna group of companies, including Aetna Life Insurance Company and its affiliates (Aetna).

