

Welcome to Lively!

Open Enrollment season gives organizations an opportunity to evaluate benefits, often resulting in benefit changes as they strive to provide the best benefits package possible. This season, Aspen HR has chosen to offer some benefits through **Lively**, a health and lifestyle benefits provider with intuitive, easy to use technology and top-rated customer service.

Lively Benefits offered for Aspen HR:

Health Savings Account (HSA)

An HSA is a personal savings account for healthcare expenses. It is used in conjunction with a qualifying High Deductible Health Plan (HDHP). It has a triple tax advantage and any unspent funds rollover each year. You can even invest funds to use for retirement.

Flexible Spending Accounts (FSA)

Three types of FSAs are offered through Lively as part of Aspen HR. General Purpose FSA (GPFSA), Limited Purpose FSA (LPFSA) and Dependent Care FSA (DCFSA). Pre-tax dollars set aside for eligible expenses that your health insurance plan may not cover. Only the LPFSA and DCFSA can be paired with an HSA.

Commuter Benefits

A commuter benefit is a tax-advantaged account to help employees cover a portion of select commuting expenses, such as public transportation and/or parking costs associated with commuting to and from work. This can help reduce the cost of commuting to work.

It's easy to get started. Follow these steps to activate your Lively benefits.

1

Click on the "Complete Enrollment Now" button in the email you receive from Lively to get started.

2

You will be redirected to the Lively website to complete enrollment. You will be prompted to enter your SSN to verify your identity and choose a password for your new Lively account. You will also be prompted to opt-in to transfer your existing HSA funds from iSolved. Please opt-in if you would like your HSA funds moved automatically from iSolved to Lively.

3

Once enrollment is complete, you will be redirected to your new Lively account. You can continue to access your Lively account any time via secure.livelyme.com/login.

Raise your expectations

The Lively experience is thoughtfully designed to help make it easier for you to navigate your Lively benefits, get access to your information, and get expert help when you need it!



Technology built for today

Our proprietary technology is powerful and dependable. Leave clunky systems behind and enjoy a streamlined, intuitive experience that puts you in control.



Unrivaled customer support

Access to knowledgeable and engaged support can make all the difference. Our member support is always ready to go the extra mile to answer your questions.



If you opted in to transfer your HSA funds from iSolved to Lively during the enrollment process, your HSA funds will be moved to your new Lively HSA on February 21, 2025. If you previously had a Medical FSA, FSA Limited, or Dependent Care FSA you will use iSolved to spend the remaining 2024 funds through March 15, 2025. If you do not have 2024 remaining funds, you will use Lively starting January 1, 2025. If you are currently enrolled in the commuter benefit, your unused funds will roll over to Lively on April 15, 2025. Prior to the transition to Lively, you are encouraged to use your remaining FSA and Commuter funds if possible.