

Introducing JointStrong®

A comprehensive musculoskeletal care program now available to plan members by IMC to reduce back, neck, joint or muscle pain and restore function.



Mobile Website & Health Coaching

Go to <https://app.jointstrong.com> to create an account. You will receive a free diagnostic assessment of your condition complete with a self-care treatment program specific to your back, neck, joint, or muscle pain and prevention education to avoid future recurrence. Also available to you through the mobile website is the JointStrong Health Coaching program where you will receive assistance with your self-care program and answers to any questions you have.



Clinical Care

Visit an IMC clinic for an evaluation and treatment of your back, neck, joint, or muscle pain. IMC clinicians hold advanced certifications in treating musculoskeletal pain and can help you receive the care that you need. In the first two visits, your IMC clinician will be able to determine if you are self-care capable or if you need additional therapy. To find a clinic near you and to schedule a visit call 855-293-0340.



Telehealth

Want to have a visit with an IMC clinician, but don't want to drive to the clinic? IMC offers convenient access to its clinicians through secure video via our telehealth platform. To schedule a telehealth visit, call 855-293-0340.

**Scan Code to
Get Started**



**Use Company
or Provider Code:
1004A**

Call 855-293-0340 or visit jointstrong.com