

Contact Information

Medical - All Plans

Carrier	BlueCross BlueShield of Illinois
Website	www.bcbsil.com
Phone Number	800.828.3116
Network	PPO Network
Policy Number	Select Plan - PC4630 Consumer Choice Plan - PD1215

Teladoc Virtual Primary and Behavior Care

Website	www.teladoc.com/bcbsil
Phone Number	800.835.2362

Health Savings Account

Carrier	Health Equity
Website	www.healthequity.com
Phone Number	866.346.5800
Eligible	Available to Select and Consumer Choice plan enrolled members only

Flexible Spending Account

Carrier	Employee Benefits Corporation (EBC)
Phone Number	800.346.2126 from 7 am to 7 pm CST

Ways to Substantiate Your FSA Claim

Website	www.ebcflex.com
Mobile App	Available for Android or iPhone
Email	participantservices@ebcflex.com
Fax	608.831.4790

401(k) Plan

Carrier	Principal
Website	www.principal.com
Phone Number	800.986.3343
Policy Number	828019

Pet Insurance

Carrier	Nationwide
Website	www.petinsurance.com/symbria
Phone Number	877.738.7874

Advantage DNA Cancer & Genomic Screening

Carrier	Chubb
Website	Register for your Self-Service Portal
Claims Support	cwclaimsteam@chubb.com
Phone Number	833-542-2013

Mental Wellness Program

Carrier	Modern Health
Website	my.modernhealth.com
Email	help@modernhealth.com

Human Resources Contact Information

Email Address	askhr@symbria.com
Phone Number	630.413.5800 - Option #2

Dental

Carrier	Blue Cross Blue Shield of Illinois
Website	www.bcbsil.com
Phone Number	800.367.6401
Network	BlueCare Dental PPO
Policy Number	252670

Vision

Carrier	EyeMed
Website	www.eyemedvisioncare.com
Phone Number	866.723.0513
Network	Insight
Policy Number	1005996

Life and AD&D / Disability Insurance

Carrier	Metlife
Website	mybenefits.metlife.com
Phone Number	800.438.6388 (1-800-GET-MET8)
Policy Number	226210

Travel Assistance Program

Carrier	Metlife + AXA Assistance
Email	Metlife.com/travelassist
Phone Number	800-454-3679 / 312-935-3783 out USA

Accident, Critical Illness, Hospital Indemnity

Carrier	MetLife
Website	mybenefits.metlife.com
Phone Number	800.438.6388 (1-800-GET-MET8)
Policy Number	226210

Employee Assistance Program

Carrier	TELUS Health
Website	one.telushealth.com
Phone Number	888.319.7819
Mobile App	TELUS Health

Web & App: User Name "metlifeeap" Password "eap"

Legal Insurance

Carrier	Metlife - Hyatt Legal Plans
Website	www.legalplans.com
Phone Number	800.821.6400
Policy Number	9903448